

Report: Gluten Free, etc.

Grocery items that are one or all of the following:

- Allergen Free (AF)
- Barley Free (BF)
- Casein Free (CF)
- Dairy Free (DF)
- Egg Free (EF)
- Gluten Free (GF)
- Kosher (K)
- Lactose Free (LF)
- No Animal Products (NAP)
- No Cholesterol (NC)
- No Refined Sugar (NRS)
- Nut Free (NF)
- Macrobiotic (M)
- Soy Free (SF)
- Vegan (V)
- Vinegar Free (ViF)
- Wheat Free (WF)
- Yeast Free (YF)

Baking, Condiments

1. Annie's Dijon Mustard GF
2. Annie's Green Garlic Dressing ViF
3. Annie's Horseradish Mustard GF
4. Bob's Red Mill Brown Rice Flour
5. Bob's Home* Wonderful Bread Mix DF GF WF
6. Bob's Red Mill Mighty Tasty Hot Cereal GF
7. Bob's 'Sweet' White Sorghum Flour DF GF WF
8. Chebe All-Purpose Mix AF DF GF YF
9. Chebe Bread Sticks AF DF GF YF
10. Chebe Cinnamon Rools AF DF GF YF
11. GF Pantry angel food cake mix GF
12. GF Pantry Beth's all-purpose flour GF
13. GF Pantry brown rice pancake & waffle mix GF
14. GF Pantry chocolate chip cookie & cake mix GF
15. GF Pantry chocolate truffle brownie GF
16. GF Pantry favorite sandwich bread GF
17. GF Pantry muffin & scone mix GF
18. GF Pantry perfect pie crust mix GF
19. GF Pantry quick mix GF
20. Kinnikinnick Crispy Chicken Coating Mix
21. Mori-Nu Chocolate Pudding Mix DF NRS V
22. Pamela's Chocolate Chunk Cookie Mix GF
23. Pamela's Pancake Mix GF
24. Road's End Gravy Savory Herb GF
25. Spectrum Olive Oil Mayonnaise GF

Beer

26. Lakefront New Grist BF WF
27. Anheuser Busch Red Bridge BF WF

28. Sprecher Shakpiro BF WF

Breads Frozen

29. Food for Life Brown Rice Tortillas
30. Food for Life Millet Bread
31. Food for Life Multi Seed Rice Bread
32. French Meadow Organic Rye Bread
33. Glutino Cinnamon French Toast GF
34. Glutino Fiber Bread GF
35. Glutino Hamburger Buns GF

Cereal

36. BakeryonMain AppRaiWalGranola CF DF GF WF
37. Environkids Gorilla Munch Cereal
38. Environkids Crispy Rice Bars Peanut Butter GF
39. Erewhon Crispy Brown Rice Cereal WF
40. Glutino Breakfast Bars Apple
41. Glutino Cereal Honey Nut
42. Natures Path Corn Flakes Fruit Juice Sweet GF
43. Natures Choice Multigrain Cherry Cereal Bars GF

Cookies, Chips, Candy, Snacks

44. Amy's Organic Salsa Black Bean & Corn
45. Amy's Organic Salsa Mild
46. Barbara's Fig Bars WF
47. Barbara's Snackimals Animal Cookies
48. College Farm Luscious Lemon Candy DF GF SF
49. College Farm Vanilla Caramel Candy DF GF SF
50. Glutino Chocolate Wafer Cookies
51. Glutino Vanilla Wafer Cookies GF
52. Kinni-Kritters Animal Crackers CF DF EF GF WF
53. Mi-Del Ginger Snaps GF DF
54. Mi-Del Mini Pecan Cookies GF
55. Mr Krispers Baked Rice Krisps Barbecue
56. Mr Krispers Multi-Seed Chips GF
57. Newman-O's Crème Fill Choc Cookies DF WF
58. Miguel's Everything Tortilla Dippers GF K NC
59. Oskri Sesame Bar Date Syrup & Fennel GF LF V
60. Oskri Sesame Bar with Molasses GF LF V
61. Sensible Foods Crunchy Cherry Berry GF
62. Sensible Foods Crunchy Orchard Blend GF
63. Sensible Foods Crunchy Sweet Corn GF
64. Sensible Foods Crunchy Tropical Blend GF
65. Sprecher Spicy Brown Beer Mustard GF
66. Sprecher Root Beer Mustard GF
67. VerMints WinterMints GF NAP NF
68. Whole Grain Mill Blue Corn Tort Chips GF WF

Crackers

69. Back to Nature Rice Thins Sesame Ginger
70. Back to Nature Rice Thins Tomato Herb
71. Glutino Crackers GF
72. Glutino Pretzels GF
73. Hol-Grain Crackers Brown Rice
74. Mary's Gone Crackers Org Herb Flavor GF
75. Mary's Gone Crackers Org Original Flavor GF

Dinners Frozen or Refrigerated

76. Amy's Brown Rice & Vegetable Bowl
77. Amy's Garden Vegetable Lasagna
78. Amy's Mexican Casserole Bowl
79. Amy's Santa Fe Enchilada Bowl
80. Amy's Shepherd's Pie
81. Macro Veg Hunan Dumplings M V
82. Macro Veg Pad Thai V
83. Macro Veg Shanghai Dumplings M V
84. Macro Veg Thai Dumplings M V

Milk and "Dairy"

85. Blue Diamond Almond Breeze Milk CF GF LF
86. Earth Balance Soy Garden Butter Spread DF GF
87. Earth Balance Buttery Sticks
88. Earth Balance Shortening
89. Edensoy Unsweetened Soy Milk DF GF LF
90. Follow Your Heart Soy Cheddar DF GF V
91. Follow Your Heart Soy Monterey Jack DF GF V
92. Follow Your Heart Soy Mozzarella DF GF V
93. Galaxy Parmesan-flavored Grated Soy GF
94. Galaxy Rice Cheddar Cheese
95. Living Harvest Hempmilk DF GF LF V
96. Manitoba Harvest Hemp Seed Nut Butter
97. Organic Valley Milk LF
98. Organic Valley Soy Milk Chocolate
99. Organic Valley Soy Milk Original
100. Organic Valley Soy Milk Vanilla
101. Rice Dream Drink Original DF GF LF SF
102. Rice Dream Drink Vanilla Hazelnut DF GF LF SF
103. Silk Soymilk Chocolate DF
104. Sumergia Soy Feta Mediterranean Herb DF
105. Tofutti American Slices DF
106. Tofutti Better Than Cream Cheese DF LF NC

Pasta and Rice

107. Bionaturae Organic Spaghetti GF
108. Lundberg White Arborio Rice GF
109. Lundberg Long Grain Brown Rice GF
110. Lundberg Risotto Creamy Parmesan GF
111. Lundberg Short Grain Brown Rice GF
112. Quinoa Pasta Elbows GF WF
113. Quinoa Spaghetti GF
114. Quinoa Traditional GF WF
115. Quinoa Inca Red GF WF
116. Road's End Mac & Cheese Alfredo Style LF
117. Vitaspelt Organic Spelt Egg Noodles